

ACUNOL® AS A TREATMENT OPTION

If you are experiencing the symptoms of Acne/Rosacea, it's important to talk to your doctor. Your doctor may suggest Acunol® as a treatment option.

Acunol® is an effective natural, mineral oral prescription medication indicated for mild to moderate acne in both teens and adults, acne vulgaris, acne rosacea, peri-oral dermatitis and folliculitis.

Taken orally as prescribed by a doctor, it attacks acne at its internal source, stimulating the body's own recovery response to promote wellness from the inside out. Used regularly as prescribed by your doctor, it helps prevent acne recurrences.

- Dermatologist Developed for his own patients
- Natural Mineral Ingredients help relieve acne, inflammation & redness
- Antibiotic Free
- Steroid Free
- Customized dosage dependent upon body weight for optimal results
- Non-Irritating
- Non-drying

Please see www.plymouthpharmaceuticals.com for Full Prescribing, Safety Information.



www.plymouthpharmaceuticals.com

Toll free: 844.566.2589 (Monday - Friday, 9 am to 6 pm EST)

Fax: 440.542.0765

plymouthpharm@gmail.com



TALK TO YOUR DOCTOR GUIDE - ACNE/ROSEACEA

Partnering with your doctor is the first step toward clearer skin.

It is important to track your symptoms and keep your doctor in the loop about how your acne is affecting you.

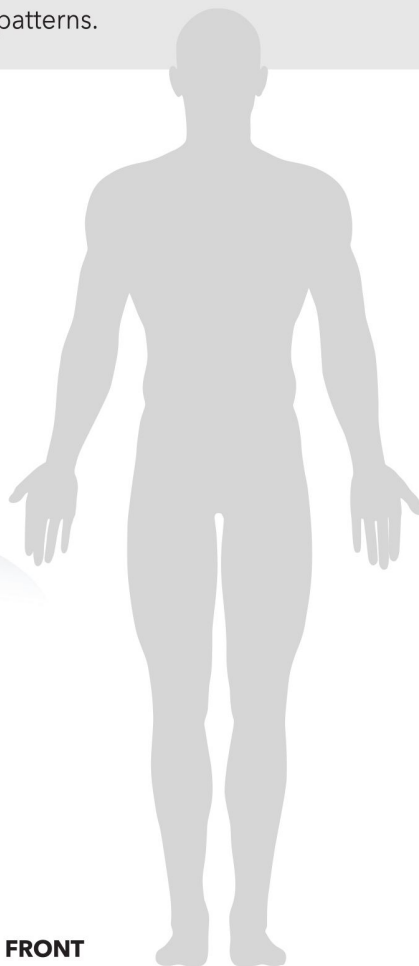
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CHECKLIST

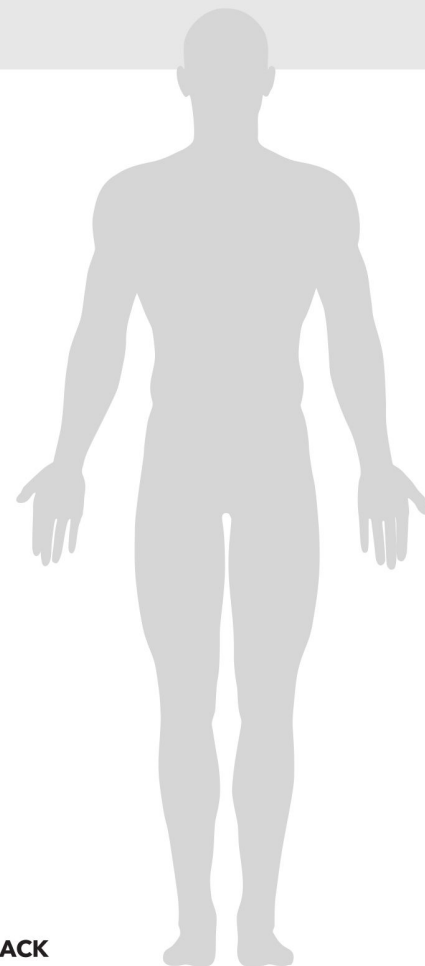
Fill out this checklist every time you experience flares or other acne discomfort. Keep a record. Look for patterns.



FACE



FRONT



BACK

YOUR BODY

Cosmetics: _____

Drugs: _____

Facial/Body cleansers: _____

Hormonal: _____

Skin care products: _____

Rubbing/Sweat: _____

Sunburn: _____

Stress: _____

Hair care products: _____

Hair style change:
(bangs, etc in contact with your skin)

SEVERITY OF OUTBREAK

Mild: _____

Moderate: _____

Severe: _____

Off the charts: _____

ENVIRONMENTAL TRIGGERS

High humidity: _____

Hot weather: _____

Smoke exposure: _____

Air pollution: _____

YOUR DIET

Alcohol: _____

Caffeine: _____

Dairy: _____

Iodine (in salt): _____

Processed foods: _____

Sugary foods: _____

Chocolate: _____

LIFESTYLE

Cosmetics/Hair brushes: _____

Hard water: _____

High heat: _____

Poor ventilation: _____

Tight clothing: _____

This information is not intended to replace the advice and the examination of a physician.

ADDITIONAL COMMENTS:

